

Open Topic Meeting

Welcome to this All Recovery meeting. All Recovery meetings are open to everyone who faces challenges with sobriety, those impacted by addiction, and allies of recovery. All Recovery supports multiple pathways of recovery. Today we will collectively choose a recovery topic to discuss. You may share on the chosen topic or something else entirely.

Coming from a place of mutual respect and understanding, let's observe some suggested meeting guidelines:

- Please respect the opinions and remarks of others.
 - Please do not crosstalk; only one person speaks at a time.
 - Please be mindful of the time when sharing.
 - Please switch your cell phones to silent.
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Are there any announcements?

Let's begin by having a moment of silence to remember why we are here.

Now let's introduce ourselves to one another in an orderly fashion, how you identify yourself is completely up to you.

Let's go around the room once so everyone gets a chance to speak, you may pass if you wish.

This is an open-topic meeting, as a group, what would we like to discuss today?

Around 50 to 55 minutes into the meeting, please begin closing.

In closing, I would like to thank you all for coming today. We close an All Recovery meeting with something we're grateful for and/or a positive affirmation about ourselves, followed by a moment of silence.